

DID YOU KNOW YOU CAN ASK FOR #DAY1 TO COME TO YOUR SCHOOL, TOO?

IT'S EASY! FOLLOW THESE SIMPLE STEPS:

- **Print out the #Day1 toolkit at tylerclementi.org** (ask a grown up if you need help)
- **Talk with your teacher, principal, coach, or group leader** and tell them that you learned about a great program that will help prevent bullying before it starts. ***You can also get a group of friends and ask together!***
- **Hand them a copy of the #Day1 toolkit** and tell them why you think it's a good way to prevent bullying in your school! Download it today at tylerclementi.org/day1.
- **If you feel comfortable, tell them about a time when you saw bullying and why you want that to stop.**
- **Ask them if they would join you** in preventing bullying by using #Day1 in your class/group/on your team.
- **Help come up with some special ways to make #Day1 special for your friends** like making art projects or sharing songs!
- **Share art projects, pictures, videos, social media posts** are all great ideas to show how you are all upstanders!
- **Send pics/videos of your great art projects so we can share them with other students.** Send them to outreach@tylerclementi.org.



NEED HELP? Find resources to prevent bullying, respond to bullying or find additional support at TylerClementi.org/resources



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