

GUIDE FOR PARENTS TO BRING #DAY1 TO YOUR SCHOOLS

Bringing #Day1 to your child's school is pretty easy to do! All it takes is some conversations and a willingness to be an upstander for your community!



HERE ARE A FEW SIMPLE STEPS TO GET YOU STARTED:

- **Find a teacher/staff member/administrator in your school who is interested in bullying prevention** and who you can identify as someone who open to new ideas and willing to help you internally.
- **Talk with your child's current or former teacher/counselor/coach/principal/professional.**
 - Ask that leader to use #Day1 in their classroom/program. #Day1 can be done by individual classrooms even if the rest of the school is not using #Day1.
- **Talk to the head of your PTA, PTO, or comparable parent organization.**
 - Have a meeting with them or the board to talk about #Day1 or ask to speak about #Day1 at their next meeting to promote #Day1 and drum up interest for the program.
 - If there is interest, form a committee of interested parents and request a meeting with the administration.
- **Go to your local School Board meeting and speak about #Day1 in the public comments section.** You can also do this for City Councils or Parks and Recreation committees if you are interested in your city or local sports teams using #Day1. They will ALWAYS love to have students taking initiative.
- **Use one of our sample letters to write to anyone you would like to support #Day1.** You can use it word for word or as a template to make your own!

JOIN THE CONVERSATION  TylerClementi.org •  @tylerclementi •  /TheTylerClementiFoundation
 @tyler_clementi_foundation •  /tylerclementifund •  /company/the-tyler-clementi-foundation

WHAT DO YOU SAY?

- **State your concerns about bullying and harassment in your district to school leaders.**
- **When possible use personal experiences with bullying that have occurred in the district. If not available, demonstrate the need for prevention by talking about the negative affects of bullying.**
 - Statistics are available at <https://tylerclementi.org/bullying-stats> or stopbullying.gov
 - You can also print off our “cheat sheet” of scholarly articles for people who want to see the data.
- **Mention how it is free, simple and effective.**
- **Ask the people you talk with to:**
 - Use #Day1 as soon as possible in their work in the district
 - Be an Upstander for #Day1 and help promote #Day1 internally in the district.
 - Provide feedback/pics/videos of #Day1 in action in your community!



WHAT DO YOU DO?

- **Print off the #Day1 toolkit of your choice for whomever you speak with and ask for support. Find them all at <https://tylerclementi.org/day1>**
- **Show our #Day1 videos as well!** Want to see what others have done? Check them out here: <https://tylerclementi.org/day1-works>
- **Talk to your children about Day1 and ask them if they'd like to help you support it.** We also have great information for kids to help with #Day1 as well!
- **Lessons are always best learned at home.** Download #Day1 and talk about it as a family. Make your home Stand Up and Stand Out, too!

NEED HELP? Find resources to prevent bullying, respond to bullying or find additional support at [TylerClementi.org/resources](https://tylerclementi.org/resources)



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