

STAND UP TO BULLYING FROM #DAY1

Dear Upstander,

Greetings! I hope with all my heart that this email finds you **safe and healthy**; physically, emotionally, psychologically and financially well. But the reality is that many of you will be struggling and hurting as you adjust to this strange new existence of sheltering at home. If you are having a more difficult time and are feeling more challenged than you can bear, I hope you can find a trusted friend, family member or maybe even if you are able, a professional, to talk to. Being able to share your thoughts, fears, anger, sorrow, isolation, confusion and pain might not change your situation but it will **lighten your burden**, help you **identify coping strategies** and may even point you in the right direction to **find resources** you did not even know existed.

As for the Tyler Clementi Foundation, we are continuing our work to end online and offline bullying in schools, workplaces and faith communities.

We are very fortunate because much of our work is easily available to you on our website. I encourage you to visit us at TylerClementi.org and if you have not yet signed our [Upstander Pledge](#), today is a great day to do so!

Our talented, dedicated and knowledgeable team has proven to be very adaptable, resourceful and resilient as well! Continuing our very important work while adjusting to our **new remote work environments**.

We have just started the new program year for our new cohort of [Youth Ambassadors](#), which since it is a national program always **occurs in the digital world**. This program highlights young leaders from across America who are working to end all forms of bullying by developing change-making campaigns, organizing fundraisers, and leading activities, on and offline, to help prevent bullying.

We are also very busy developing more online **resources and curriculum**, our new #Day 2 initiative, which will include topics such as, online safety tools, strategies to encourage resilience and confidence, ideas to foster improved communication skills to help build bridges and improve conflict resolution, as well as information to help create safe communities by increasing acceptance, respect, compassion and kindness.

But unfortunately, many of our donations and Upstander pledges often occur at in person speaking engagements and fundraising events, like our Spring Soiree, that have been postponed and canceled.

We have made some hard and difficult decisions to cut back expenses to help us withstand this germ storm, becoming even better stewards of our resources. I have expanded my knowledge in areas of potential financial resources available to help us carry on and persevere.

But in the end, I believe that the biggest and best resource we have available to us is you! From the very beginning your encouragement and generosity got us started and kept us going through other difficult periods. You are the heart and soul of Tyler's foundation, and for that, I say"Thank You!"

I know these are difficult times for so many but if you are able to help us weather this storm we would be so very grateful.

There are many ways you can **show your love and support ...**

- 1- Of course, a financial donation given directly to our [website](#) would be great.
- 2- Even more amazing would be for you to become a recurring [monthly donor](#) !
- 3- Consider creating a [facebook fundraiser](#) for the Tyler Clementi Foundation.
- 4- You could choose the Tyler Clementi Foundation on Amazon Smile, Giving Assist, or Shop and Support to show your [support](#) and give to us indirectly.
- 5- Maybe consider hosting a **virtual fundraiser**.... A happy hour or tea time or a coffee break... or any other kind of gathering you enjoy with your friends and family can be created in the virtual world. Share with them why our work means so much to you and why you support the **Tyler Clementi Foundation**, and then ask your friends to also support us as well!! If you would like I would be more than happy to join your call to hear your story and meet your friends!

And of course the best way to show your love and support would be to always use social media and the digital world for the good it was intended ... which for us at the **Tyler Clementi Foundation** is to like us on [Facebook](#), follow us on [Twitter](#) and [Instagram](#) And be sure to never remain a passive bystander but instead go to our [website](#) and [pledge](#) to be an active Upstander!

My heartfelt gratitude for all your assistance and support especially during this difficult time.



Jane Clementi

CoFounder & CEO of Tyler Clementi Foundation

Jane@TylerClementi.org

pronouns: she/her/hers



104 West 29th St., 11th Floor, New York, NY 10001

The Tyler Clementi Foundation is a 501(c)(3) non-profit organization whose mission is to end online and offline bullying in schools, workplaces, and faith communities.



DONATE ♥