

STAND UP TO BULLYING FROM #DAY1

Dear Upstander,

We hope this message finds you and your loved ones well.

Would you take five minutes to help the Tyler Clementi Foundation by sharing a story of kindness and compassion that you experienced on social media? We would love to feature your positive stories or videos about social media #Upstanders in our forthcoming Family Guide for Digital Wellness. This first page offers a preview to our upcoming guide.

We've been thinking a lot about your safety on the internet and social media lately. In this time of physical distancing we will all be spending more time behind screens, which is why we are continuing to develop more resources to help you and your loved ones practice safe online activity. These resources will build on the important work that so many of our #Upstanders are already doing in schools, workplaces and faith communities.

We want to uplift positive examples of #Upstanders who interrupt and report harmful forms of communication. Can you help those who are struggling with cyberbullying by replying to this email with a short story or video about a time when you or someone you know acted as a social media #Upstander?

We want to hear from you so that we can share your inspiring message with others. All you have to do is reply to outreach@tylerclementi.org with a short message about a recent positive experience.

We look forward to hearing from you!

Stay safe and be well,



Jane Clementi

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TYLER CLEMENTI FOUNDATION

A Family Guide to Digital Wellness

#Upstanders Can Make Digital Spaces More Safe & Welcoming

As our social lives shift into digital spaces, the Tyler Clementi Foundation is creating resources to help parents and students stay safe online. We understand the challenges of navigating the ever-changing world of the internet and social media. So, instead of turning off your device or deleting social media accounts, we are encouraging everyone to act with awareness, kindness, empathy and compassion.

Our #Upstander pledge does not end when you log into your Instagram, SnapChat, TikTok, Facebook, Twitter, or any social media account. Your family can make the digital world a better place by being #Upstanders and reporting bullying behaviors online. That is why we are creating these resources for young people and their parents to work together in making our digital world a safer, more accepting place.

While digital spaces have their share of negative behavior, they also offer a world of resources and opportunities for connection across cultures. Specifically, LGBTQ+ and other marginalized youth, while at a greater risk of bullying, can share safe spaces through which they can share their identities with others. We think that this kind of acceptance is key to ending bullying, but we want you and your family to interact safely and appropriately. We hope you sit down as a family and consider taking steps that will make your digital community a place for positivity and connection.

