Cyberbullying is not as bad as traditional bullying and it only happens to students who talk to strangers online.

Cyberbullying is equally harmful and is more likely among classmates if they experience traditional bullying at school.

#Upstanders interrupt, report, and reach out.
Individuals who behave as aggressors always grow up in dysfunctional families.

This is a stereotype. There is no single defining characteristic among people who choose bullying behaviors.
Schools should use a zero-tolerance policy to throw out the aggressors of bullying behavior the first time it happens. These policies are ineffective and they ignore the multitude of social dynamics involved in bullying.

#Upstanders interrupt, report, and reach out.
Bullying: Myth vs. Truth

**Myth**
Bullying is a traditional *rite of passage*, so there isn’t much anyone can do about it.

**Truth**
It is our collective responsibility to **prevent bullying** in order to make all communities **safer and more accepting** of all people.

#Upstanders interrupt, report, and reach out.