

# Mental Health Awareness Month



Dear Upstander,

In recognition of May being National Mental Health Awareness Month, I invite you to support our [Upstander Campaign](#). Bullying behavior is a mental health issue for both the aggressor, and the target, as well as the bystander. Bullying behavior often leaves lifelong physical and emotional scars from the trauma and shame. Help us end bullying behavior by turning passive bystanders into active Upstanders.

Mental health well-being is our priority, and our programs work to raise awareness, empower individuals, and end stigma. Your generosity will help us to share our programs with schools, workplaces and faith communities across the country, continuing to break down barriers and build healthy and safe communities.

We need your help now more than ever!

## **Make a Difference Today:**

[Create a personal fundraising page](#) to share with those in your network!

[Donate](#) in support of the foundation and in memory of Tyler Clementi.

**Be a Champion:** Create a team to increase participation. All gifts in volume, no matter the size, allow us to impact the lives of those vulnerable.

**Double your impact!** If you or those you know get gifts matched by an employer, notify [development@tylerclementi.org](mailto:development@tylerclementi.org) and we will credit the match to your profile.

With all my gratitude

**Jane Clementi**

CoFounder & CEO of Tyler Clementi Foundation

[Jane@TylerClementi.org](mailto:Jane@TylerClementi.org)

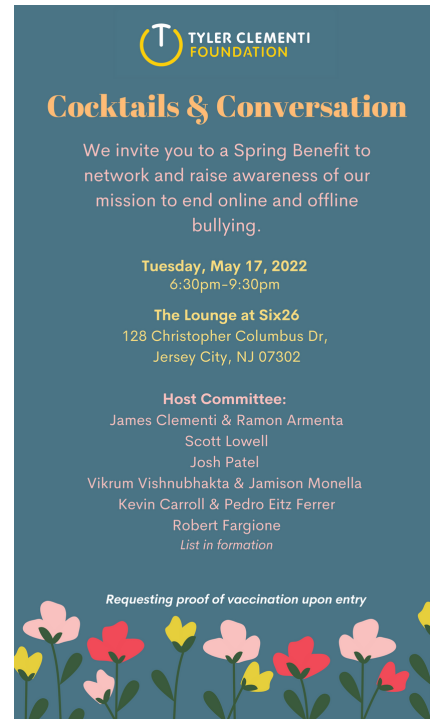
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Support Our Work: Donate Today!

## Upcoming Events this Spring



[RSVP for 5/2 Spring Benefit in  
San Francisco, CA](#)



RSVP for 5/17 Cocktails &  
Conversation Jersey City, NJ



Sign up to walk with us on 6/26



Join us on October 20, 2022  
as we honor actor and  
activist George Takei at our  
Annual Upstander Legacy  
Celebration in New York,  
NY.

-More details to be shared  
soon -

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**DONATE TODAY**

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PO BOX 345 Harrison, NJ 07029

The Tyler Clementi Foundation is a 501(c)(3) non-profit organization whose mission is to end online and offline bullying in schools, workplaces, and faith communities.



**DONATE** ♥